



PRACTICE DEVELOPMENT RESOURCE:

A Self Assessment Tool for Midwives

www.midwives.org.au

This inventory is a self-assessment tool to guide individual midwives in identifying their professional development needs.

It is not meant to be used as an assessment tool or as a tool to measure competency.

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ABOUT THE MIDWIFE'S SELF ASSESSMENT TOOL

For many years there have been very few tools to assist midwives to identify their own specific professional development needs. The Australian College of Midwives developed this midwifery practice development self-assessment tool to address this gap.

The Midwife's Self Assessment Tool aims to help individual midwives to identify their own professional development needs in terms of the minimum skills, knowledge and experience required, especially to work in midwifery continuity of care.

Importantly, it is not meant to be used by managers or educators for performance appraisal or competency assessment. Rather it is a self assessment tool.

How was this Self Assessment tool developed?

The Midwife's Self Assessment Tool is based on a concept that emerged from the Midwifery Development Unit in Glasgow, Scotland. It was initially developed in 2004 by a number of midwives working across Australia on the development of midwifery 'continuity of care' models. The tool thus takes a broad look at the span of skills, knowledge and experience that are required for a midwife to provide continuity of care to women in both community and hospital settings. This includes philosophical and psychosocial considerations.

Many midwives have contributed to the development of this resource. The Australian College of Midwives is indebted to Nicky Leap and the members of the Australian College of Midwives Education Standards Taskforce for their significant contributions to the first edition. Nicky Leap and Caroline Homer have led numerous changes and updates over the last 15 years culminating in this latest edition. This 2019 version is a more generic version in response to requests for the resource to be used by midwives moving into providing continuity of care in other countries. This version can be used by any individual midwife practising across the full role and scope of practice of the midwife as defined by the International Confederation of Midwives. We encourage adaptation for local contexts and request acknowledgement of the original source, the Australian College of Midwives (2019).

The Midwife's Self Assessment Tool has been used across Australia. Midwives practising in continuity of care models have found it a useful tool to identify their continuing professional development learning needs. As it is arranged in sections, midwives who are working in one specific area of practice can also use it effectively.

How do I use this tool?

You can use the tool to assess how 'confident' you are to practise according to the full role and scope of practice of the midwife. The headings are therefore 'I am confident in this area' or 'I will need to work on this' and 'Comments/Strategies'.

Each section ends with an action plan, which states: 'In order to be confident in these areas, I will...' You are also invited to record a timeframe by which you will endeavour to undertake the professional development activities that you have identified that you need.

At the end of each section there is a box for you to identify the skills and knowledge and experience that you might have to acquire for your specific context.

The idea of the self-assessment tool is you can reflect on your learning needs privately, and control who you show it to in order to address your own learning needs.

We hope you find this resource useful.

Australian College of Midwives, 2019

A. General Skills, Knowledge and Experience

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

1. Have knowledge of regulatory frameworks and requirements that govern my practice, including relevant standards, and codes

COMMENTS/STRATEGIES:

2. Understand the principles and challenges regarding 'woman centred care'

COMMENTS/STRATEGIES:

A. General Skills, Knowledge and Experience

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

3. Understand the principles and challenges regarding 'cultural safety'

COMMENTS/STRATEGIES:

4. Recognise the needs of people from diverse and/or marginalised communities

COMMENTS/STRATEGIES:

A. General Skills, Knowledge and Experience

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

5. Understand the principles and challenges regarding 'informed choice'

COMMENTS/STRATEGIES:

6. Understand primary health care principles and how these relate to addressing the social determinants of health and midwifery as a public health strategy

COMMENTS/STRATEGIES:

A. General Skills, Knowledge and Experience

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

7. Understand how midwifery can improve maternal and newborn health as identified in the Quality Maternal and Newborn Health Framework from the Lancet Series on Midwifery (Renfrew et al 2014) ¹

COMMENTS/STRATEGIES:

8. Understand the guidelines for consultation and referral in my practice setting
(eg: ACM Midwifery Guidelines for Consultation and Referral) ²

COMMENTS/STRATEGIES:

¹ Available from http://www.thelancet.com/pb/assets/raw/Lancet/stories/series/midwifery/midwifery_exec_summ.pdf

² Available from <https://www.midwives.org.au>

A. General Skills, Knowledge and Experience

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

9. Have knowledge of adult education and group facilitation principles

COMMENTS/STRATEGIES:

10. Engage with the activities of my midwifery professional organisation - local and national (eg: ACM, RCM) and other childbirth related organisations

COMMENTS/STRATEGIES:

A. General Skills, Knowledge and Experience

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

11. Facilitate and assess the education needs of midwifery students

COMMENTS/STRATEGIES:

12. Engage with evaluation and safety and quality processes

COMMENTS/STRATEGIES:

A. General Skills, Knowledge and Experience

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

13. Engage in reflective practice with peers and others

COMMENTS/STRATEGIES:

14. Maintain a professional development portfolio including reflection on practice and identification of own needs for CPD

COMMENTS/STRATEGIES:

A. General Skills, Knowledge and Experience

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

15. Have knowledge of how to access and critique evidence via online databases

COMMENTS/STRATEGIES:

16. Be able to assess psychological and social factors including appropriate responses and knowledge of referral resources

COMMENTS/STRATEGIES:

A. General Skills, Knowledge and Experience

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

17. Have knowledge of how to document and record practice in contemporaneous, comprehensive, logical, legible, clear, concise and accurate notes

COMMENTS/STRATEGIES:

18. Engage with women, their families and others in situations involving grief, loss, and unexpected circumstances, with sensitivity and courage, and without making assumptions using relevant guidelines (eg: SANDS)

COMMENTS/STRATEGIES:

A. General Skills, Knowledge and Experience

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

19. Understand the evidence and implications of the hormonal physiology of childbirth drawing on the online resource:
Buckley, S.J. (2015). *Hormonal Physiology of Childbearing: Evidence and Implications for Women, Babies, and Maternity Care*.³

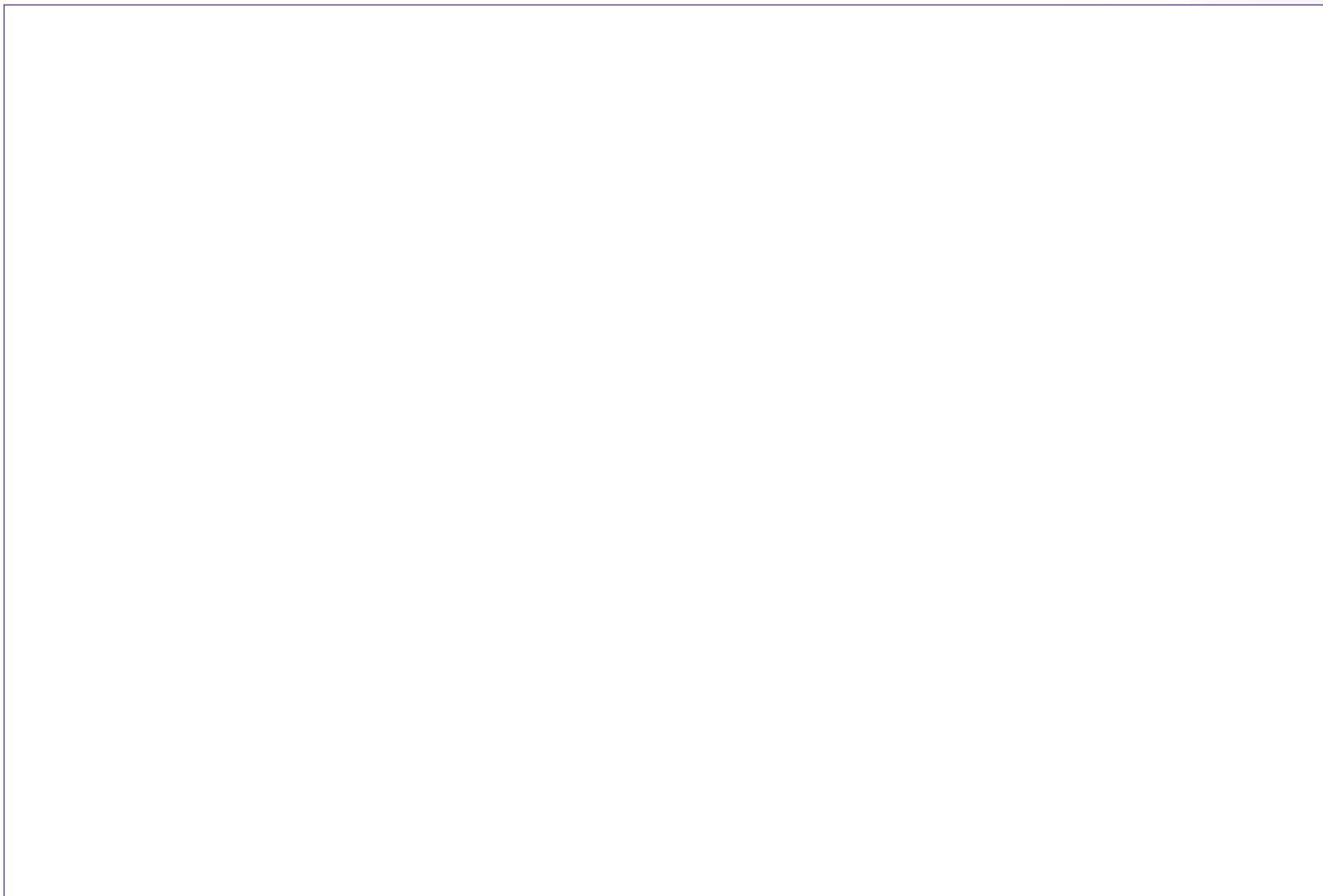
COMMENTS/STRATEGIES:

20. Context specific skills knowledge and experience (fill in as relevant):

³ Available from <http://www.nationalpartnership.org/research-library/maternal-health/hormonal-physiology-of-childbearing.pdf>

PLAN OF ACTION

In order to enhance my confidence in this/these areas I will ...

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B. Skills, Knowledge and Experience for Antenatal care

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

1. Be able to apply relevant local, national and international guidelines for antenatal care (eg Australian Pregnancy Care Guidelines⁴; NICE antenatal care guidelines⁵; WHO recommendations on antenatal care for a positive pregnancy experience⁶)

COMMENTS/STRATEGIES:

2. Undertake pregnancy testing, referral and discussion re: decisionmaking, including termination of pregnancy

COMMENTS/STRATEGIES:

⁴ Available from <http://www.health.gov.au/internet/main/publishing.nsf/Content/pregnancycareguidelines>

⁵ Available from <https://www.nice.org.uk/guidance/qs22>

⁶ Available from http://www.who.int/reproductivehealth/publications/maternal_perinatal_health/anc-positive-pregnancy-experience/en/

B. Skills, Knowledge and Experience for Antenatal care

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

3. Engage women in a comprehensive history taking

COMMENTS/STRATEGIES:

4. Calculate an estimated date of birth and be able to explain this to the woman

COMMENTS/STRATEGIES:

B. Skills, Knowledge and Experience for Antenatal care

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

5. Offer, explain and interpret all routine antenatal booking blood tests, investigations and ultrasound scans

COMMENTS/STRATEGIES:

6. Offer HIV and Hepatitis B & C testing and discuss implications of screening.
Understand the principles of pre and post-test counselling

COMMENTS/STRATEGIES:

B. Skills, Knowledge and Experience for Antenatal care

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

7. Understand indications for genetic screening, and able to discuss decision-making and disability issues

COMMENTS/STRATEGIES:

8. Undertake screening for domestic violence (as determined by local policy and national guidelines):
ask direct questions, have knowledge of advice/referral/contact numbers

COMMENTS/STRATEGIES:

B. Skills, Knowledge and Experience for Antenatal care

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

9. Undertake psychosocial assessment as determined by local policy: provide advice/ referral/contact numbers

COMMENTS/STRATEGIES:

10. Offer and explain non-invasive prenatal testing (NIPT), nuchal translucency, CVS and amniocentesis tests when appropriate

COMMENTS/STRATEGIES:

B. Skills, Knowledge and Experience for Antenatal care

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

11. Able to discuss and plan relevant vaccinations with women

COMMENTS/STRATEGIES:

12. Engage in discussion with women regarding promoting bladder health and pelvic floor function

COMMENTS/STRATEGIES:

B. Skills, Knowledge and Experience for Antenatal care

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

13. Provide advice re: early pregnancy bleeding and miscarriage

COMMENTS/STRATEGIES:

14. Be able to discuss nutrition and lifestyle issues with women

COMMENTS/STRATEGIES:

B. Skills, Knowledge and Experience for Antenatal care

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

15. Understand the pharmacological agents used during pregnancy

COMMENTS/STRATEGIES:

16. Have knowledge of environmental and biological hazards to pregnant women

COMMENTS/STRATEGIES:

B. Skills, Knowledge and Experience for Antenatal care

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

17. Assist the woman and her family in planning and preparing for birth and early parenting

COMMENTS/STRATEGIES:

18. Facilitate antenatal groups using facilitative rather than didactic approaches

COMMENTS/STRATEGIES:

B. Skills, Knowledge and Experience for Antenatal care

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

19. Be able to assess for fetal growth restriction and refer appropriately

COMMENTS/STRATEGIES:

20. Understand physical and emotional changes in pregnancy and their potential effects on women's lives and wellbeing

COMMENTS/STRATEGIES:

B. Skills, Knowledge and Experience for Antenatal care

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

21. Undertake referral to, and consultation with:

- Support groups in the community

- Mental health services

- Community Services

B. Skills, Knowledge and Experience for Antenatal care

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

• Housing

• Youth and community workers

• Social workers

• Alcohol and other drugs agencies

B. Skills, Knowledge and Experience for Antenatal care

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

22. Undertake antenatal assessment of wellbeing for the woman and her baby and evaluate their progress

COMMENTS/STRATEGIES:

23. Communicate with women about fetal movements and be able to provide advice about changes in fetal movements

COMMENTS/STRATEGIES:

B. Skills, Knowledge and Experience for Antenatal care

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

24. Engage with women about sleeping positions in pregnancy based on national guidelines

COMMENTS/STRATEGIES:

25. Identify breech presentation later in pregnancy and be able to articulate the principles of External Cephalic Version where appropriate and refer for ECV

COMMENTS/STRATEGIES:

B. Skills, Knowledge and Experience for Antenatal care

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

26. Discuss evidence with women to enable decision making regarding the management of breech presentation in late pregnancy and birthing options and refer women to a vaginal breech service where relevant

COMMENTS/STRATEGIES:

27. Explain to women the implications and potential actions re: early rupture of membranes

COMMENTS/STRATEGIES:

B. Skills, Knowledge and Experience for Antenatal care

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

28. Explain to women the implications and potential actions re: pregnancies that are 'post dates'

COMMENTS/STRATEGIES:

29. Explain to women the implications and potential actions re: hypertension in pregnancy

COMMENTS/STRATEGIES:

B. Skills, Knowledge and Experience for Antenatal care

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

30. Explain to women the implications and potential actions regarding diabetes in pregnancy

COMMENTS/STRATEGIES:

31. Explain to women the implications and potential actions regarding Rh negative blood profile

COMMENTS/STRATEGIES:

B. Skills, Knowledge and Experience for Antenatal care

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

32. Articulate the care of women experiencing emergencies during pregnancy including haemorrhage, eclampsia and cord prolapse

COMMENTS/STRATEGIES:

33. Discuss pain in labour and the potential role of the woman's endogenous opiates

COMMENTS/STRATEGIES:

B. Skills, Knowledge and Experience for Antenatal care

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

34. Discuss strategies to avoid premature admission to hospital in normal labour at term

COMMENTS/STRATEGIES:

35. Understand mandatory reporting for Child Protection

COMMENTS/STRATEGIES:

B. Skills, Knowledge and Experience for Antenatal care

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

36. Have knowledge of the different resources women might be drawing on during pregnancy in order to be able to engage with women about these – including televisual media, social media

COMMENTS/STRATEGIES:

37. Have knowledge of preparation for labour and birth/parenting courses that women might be attending (eg: hypnobirthing, mindfulness, yoga, aqua-natal etc)

COMMENTS/STRATEGIES:

B. Skills, Knowledge and Experience for Antenatal care

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

38. Context specific skills knowledge and experience (fill in as relevant):

PLAN OF ACTION

In order to enhance my confidence in this/these areas I will ...

A large, empty rectangular box with a thin purple border, intended for the user to write their plan of action to enhance confidence in antenatal care.

C. Skills, Knowledge and Experience for Labour and Birth

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

1. Be able to apply relevant local, national and international guidelines for intrapartum care (eg NICE Intrapartum care for healthy mothers and babies⁷; WHO Recommendations: Intrapartum care for a positive experience⁸)

COMMENTS/STRATEGIES:

2. Identify strategies for 'keeping birth normal' and supporting women during labour

COMMENTS/STRATEGIES:

⁷ Available from <https://www.nice.org.uk/guidance/cg190>

⁸ Available from <http://www.who.int/reproductivehealth/publications/intrapartum-care-guidelines/en/>

C. Skills, Knowledge and Experience for Labour and Birth

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

3. Support women in early labour at home in order to promote physiology and avoid unnecessary intervention

COMMENTS/STRATEGIES:

4. Understand the effect of the environment on women, their supporters and my own practice and able to adapt the institutional environment accordingly

COMMENTS/STRATEGIES:

C. Skills, Knowledge and Experience for Labour and Birth

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

5. Understand behavioural indicators of progress in labour

COMMENTS/STRATEGIES:

6. Monitor and record labour progress and link the findings from a partogram to evidence-based decision-making

COMMENTS/STRATEGIES:

C. Skills, Knowledge and Experience for Labour and Birth

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

7. Articulate strategies that prevent and address labour dystocia

COMMENTS/STRATEGIES:

8. Understand the principles of fetal assessment in labour

COMMENTS/STRATEGIES:

C. Skills, Knowledge and Experience for Labour and Birth

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

9. Understand the indications for, and interpretations of electronic fetal monitoring

COMMENTS/STRATEGIES:

10. Understand the advantages, limitations and potential consequences of inhalation analgesia

COMMENTS/STRATEGIES:

C. Skills, Knowledge and Experience for Labour and Birth

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

11. Understand the advantages, limitations and potential consequences of pethidine, morphine or other narcotic medications in labour

COMMENTS/STRATEGIES:

12. Understand the advantages, limitations and potential consequences of epidural anaesthesia in labour

COMMENTS/STRATEGIES:

C. Skills, Knowledge and Experience for Labour and Birth

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

13. Understand the advantages, limitations and potential consequences of vaginal examinations, including the use of amniotomy

COMMENTS/STRATEGIES:

14. Perform vaginal examinations accurately

COMMENTS/STRATEGIES:

C. Skills, Knowledge and Experience for Labour and Birth

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

15. Use IV equipment and administer drugs

COMMENTS/STRATEGIES:

16. Perform venepuncture and cannulation

COMMENTS/STRATEGIES:

C. Skills, Knowledge and Experience for Labour and Birth

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

17. Engage with women and practice in ways that are likely to reduce perineal damage

COMMENTS/STRATEGIES:

18. Understand evidence regarding episiotomy and be able to perform one if required

COMMENTS/STRATEGIES:

C. Skills, Knowledge and Experience for Labour and Birth

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

19. Perform a shoulder dystocia drill

COMMENTS/STRATEGIES:

20. Understand the advantages, limitations and consequences of physiological third stage

COMMENTS/STRATEGIES:

C. Skills, Knowledge and Experience for Labour and Birth

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

21. Understand the advantages, limitations and consequences of active management of third stage

COMMENTS/STRATEGIES:

22. Perform a PPH drill

COMMENTS/STRATEGIES:

C. Skills, Knowledge and Experience for Labour and Birth

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

23. Understand the need for, limitations and consequences of perineal repair

COMMENTS/STRATEGIES:

24. Perform perineal repair

COMMENTS/STRATEGIES:

C. Skills, Knowledge and Experience for Labour and Birth

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

25. Understand the indications for the collection of cord blood and the ethical implications associated with this procedure

COMMENTS/STRATEGIES:

26. Practise delayed cord clamping, skin-to-skin contact, early breastfeeding and keeping the baby warm

COMMENTS/STRATEGIES:

C. Skills, Knowledge and Experience for Labour and Birth

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

27. Perform immediate newborn assessment and care

COMMENTS/STRATEGIES:

28. Perform neonatal resuscitation

COMMENTS/STRATEGIES:

C. Skills, Knowledge and Experience for Labour and Birth

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

29. Understand the advantages, limitations and consequences of use of water in labour and birth

COMMENTS/STRATEGIES:

30. Work in partnership with people the woman has chosen to be her supporters in labour, including doulas and other birth workers

COMMENTS/STRATEGIES:

C. Skills, Knowledge and Experience for Labour and Birth

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

31. Support women and their partners when unexpected events occur during labour and birth

COMMENTS/STRATEGIES:

32. Provide sensitive care with women and families experiencing loss, including stillbirth and neonatal death, using relevant guidelines

COMMENTS/STRATEGIES:

C. Skills, Knowledge and Experience for Labour and Birth

Midwifery skill/knowledge/experience

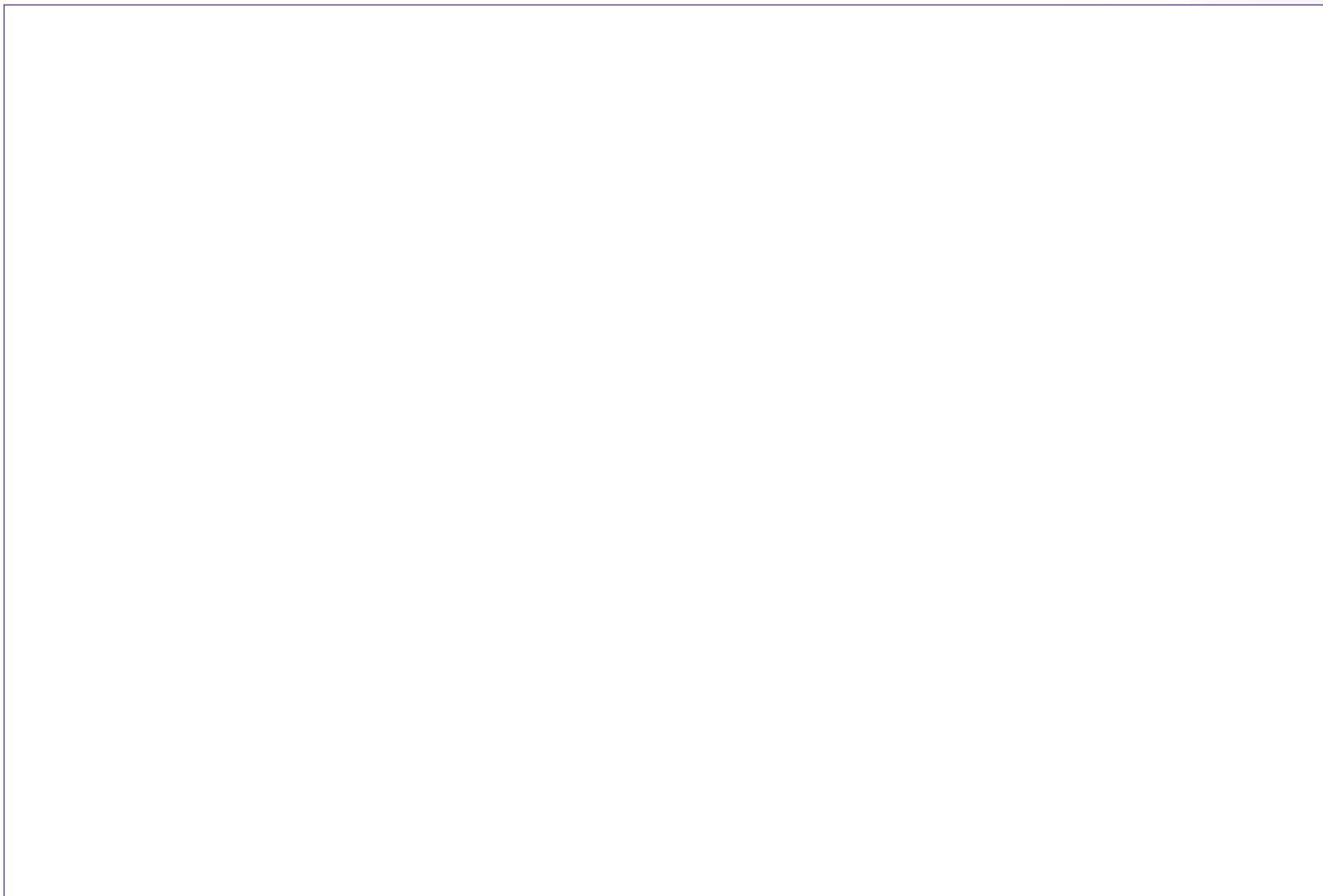
I am
confident
in this area

I will need
to work
on this

38. Context specific skills knowledge and experience (fill in as relevant):

PLAN OF ACTION

In order to enhance my confidence in this/these areas I will ...

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D. Skills Knowledge and Experience for the Postnatal Period

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

1. Be able to apply relevant local, national and international guidelines for postnatal care (eg NICE Postnatal care up to 8 weeks after birth⁹)

COMMENTS/STRATEGIES:

2. Discuss with women their experiences of labour, birth and new motherhood using active listening skills

COMMENTS/STRATEGIES:

⁹ Available from <https://www.nice.org.uk/guidance/cg37>

D. Skills Knowledge and Experience for the Postnatal Period

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

3. Demonstrate the ability to monitor progress for the woman and her baby

COMMENTS/STRATEGIES:

4. Be able to discuss with women normal events and the signs and symptoms of common disorders

COMMENTS/STRATEGIES:

D. Skills Knowledge and Experience for the Postnatal Period

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

5. Understand and recognise postpartum infections

COMMENTS/STRATEGIES:

6. Engage in discussion with women regarding promoting bladder health and pelvic floor function

COMMENTS/STRATEGIES:

D. Skills Knowledge and Experience for the Postnatal Period

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

7. Understand emotional and psychological aspects of early parenting and the potential effects on women's lives and well being

COMMENTS/STRATEGIES:

8. Be able to assess psychological and social factors including appropriate responses and knowledge of referral resources

COMMENTS/STRATEGIES:

D. Skills Knowledge and Experience for the Postnatal Period

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

9. Understand the statutory requirements for Child Protection/Safeguarding

COMMENTS/STRATEGIES:

10. Be able to communicate effectively with other caregivers facilitating referral consultation and collaboration when appropriate

COMMENTS/STRATEGIES:

D. Skills Knowledge and Experience for the Postnatal Period

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

11. Have knowledge of the principles of breastfeeding and management of common breastfeeding problems

COMMENTS/STRATEGIES:

12. Facilitate breastfeeding using 'hands off' techniques to promote successful attachment and to foster women's self reliance

COMMENTS/STRATEGIES:

D. Skills Knowledge and Experience for the Postnatal Period

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

13. Demonstrate knowledge of nutritional needs of the newborn, properties of breast milk and infant formula, and methods of infant feeding, including cup and spoon

COMMENTS/STRATEGIES:

14. Have knowledge of the stimulation and suppression of lactation

COMMENTS/STRATEGIES:

D. Skills Knowledge and Experience for the Postnatal Period

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

15. Perform a newborn assessment and be able to refer to a paediatric service if required

COMMENTS/STRATEGIES:

16. Understand the advantages, consequences and limitations of newborn screening and diagnostic testing

COMMENTS/STRATEGIES:

D. Skills Knowledge and Experience for the Postnatal Period

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

17. Able to discuss and plan newborn and childhood vaccinations with parents

COMMENTS/STRATEGIES:

18. Understand the advantages, consequences and limitations of prophylactic medications commonly used for the newborn

COMMENTS/STRATEGIES:

D. Skills Knowledge and Experience for the Postnatal Period

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

19. Have knowledge of the implications of hypothermia and hypoglycaemia

COMMENTS/STRATEGIES:

20. Context specific skills knowledge and experience (fill in as relevant):

PLAN OF ACTION

In order to enhance my confidence in this/these areas I will ...

A large, empty rectangular box with a thin purple border, intended for the user to write their plan of action. The box is currently blank.

E. Skills, Knowledge and Experience for Reproductive Health and Sexuality

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

1. Have knowledge regarding the range of physiological and psychosocial components of human sexuality, particularly in relation to pregnancy and parenting

COMMENTS/STRATEGIES:

2. Have knowledge regarding the issues related to working with parents in the LGBTQIA¹⁰ community and be able to work sensitively with all who identify in this way using inclusive language as identified by the parents and families themselves

COMMENTS/STRATEGIES:

¹⁰ Lesbian, Gay, Bisexual, Transgender, Queer or Questioning, Intersex and Asexual or Allied

E. Skills, Knowledge and Experience for Reproductive Health and Sexuality

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

3. Understand methods of contraception and their risks and benefits

COMMENTS/STRATEGIES:

4. Advise women about contraception options and refer appropriately

COMMENTS/STRATEGIES:

E. Skills, Knowledge and Experience for Reproductive Health and Sexuality

Midwifery skill/knowledge/experience

I am
confident
in this area

I will need
to work
on this

5. Context specific skills knowledge and experience (fill in as relevant):

PLAN OF ACTION

In order to enhance my confidence in this/these areas I will ...

A large, empty rectangular box with a thin purple border, intended for the user to write their plan of action. The box is positioned below the introductory text and occupies most of the page's width and height.



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